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## **Pet New Year's Resolutions**

Do you ever wonder if you could read your pet's mind? Well, if your pet could talk, these are some of the New Year's Resolutions they might have told you about this year.

### **More Fun Time with Their Favorite Humans**

Most pets live to get attention from their human family members. Spending more quality time with your pet would be at the top of their list. Whether it is playing with a favorite toy for just a few minutes nightly, or taking a trip the lake or the dog park, your pet needs "me" time. Spend some quality time with your pet by taking a fun dog class and learning a few new tricks. Many pets enjoy short grooming sessions or other one-on-one activities.

### **Less Food. Really**

Even though some pets act hungry, they really don't want to be fat. Food is often times associated with attention and not necessarily your pet's appetite. Extra weight makes it very difficult for pets to get around especially as they get older. It speeds up painful arthritis and can cause a variety of medical problems such as diabetes. Measure your pet's meals and skip the high calorie fatty treats for low calorie versions or substitute attention for treats. Feeding time can turn into fun and attention by putting food into dog toys or tossing in across the room for the pet to get. Cats can have fun with a game of hide and seek by rotating locations of little dishes of food so the pet has to go and find them.

### **Mom, I'm Bored**

Pets are easily bored because they often spend most of their time alone at home. Your special friend would love some new safe toys to keep them occupied at home. Cats would love scratching posts and areas to climb. Maybe consider investing in occasional day care to occupy your friend. Your pet may also be entertained by soft music or a TV, playing some outdoor scenery.

### **All I want for Christmas is my two front teeth, or at least a healthy, pain free mouth.**

Dental disease is very painful for pets and many pets suffer every day in silence. Dental prevention can be as easy as adding a water additive to your daily routine, giving prescription dental chews and brushing your pet's teeth. Have your pet's mouth evaluated by a veterinarian. A pain free mouth is priceless to pets.

Disclaimer: This written content is meant to be educational and is not medical advice. Always consult a veterinarian about medical advice for your pet.